

## CHARACTERIZATION OF RABIES EXPOSURE IN COLOMBIA, 2007-2011

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### ABSTRACT

The objective of this study using secondary data from the national health surveillance system was to describe the characteristics of the cases exposed to rabies in the Colombian population during 2007-2011. The cases exposed to rabies were categorized into no-risk exposure, low-risk exposure and high-risk exposure. An increase in cases exposed to rabies was observed during 2007 (8.7%) and 2011 (31.5%). In Casanare, 31.4% of the cases exposed to rabies were classified as no-risk exposure, whereas in Arauca 86.7% of the cases corresponded to low-risk exposure cases. Vaupes reported 88.5% high-risk exposure cases. Rabies exposure was most prevalent in men (56.3 %) and the population belonging to the subsidized health insurance scheme (42.2%). The most common way of transmission was animal bites (88%). The observed increase in the number of cases exposed to rabies indicates a need to develop interventions targeting people in high risk exposure regions.

**Keywords:** bites; surveillance; rabies; control and prevention; transmission; Colombia.

## CARACTERIZAÇÃO DA EXPOSIÇÃO A RAIVA NA COLÔMBIA, 2007-2011

### RESUMO

Foi realizado um estudo descritivo tipo série de casos utilizando dados secundários do Sistema Nacional de Vigilância Epidemiológica. Foram descritas as características das exposições a raiva na população colombiana durante 2007-2011. Os casos da exposição a raiva observados foram categorizados em a exposição sem risco, a exposição de baixo risco e a exposição de alto risco. Observou-se um aumento dos casos da exposição a raiva de 2007 (8,7%) a 2011 (31,5%). Em departamento Casanare, 31,4% dos casos expostos à raiva foram classificados como exposição sem risco; Arauca 86,7% dos casos corresponderam a casos de exposição de baixo risco, enquanto Vaupes 88,5% de casos tiveram exposição de alto risco. A exposição à raiva foi mais prevalente em homens (56,3%) e em pessoas pertencentes ao regime de seguro de saúde subsidiado (42,2%). A forma mais comum de exposição foi a mordida de animais (88%). O aumento no número de surtos de raiva ocorridos entre 2007-2011 indica a necessidade de desenvolver intervenções orientadas em especial para as pessoas nas regiões de alto risco, que visem melhorar as condições de vigilância e controle da raiva (ou da doença).

**Palavras-chave:** mordidas, vigilância, raiva, controle e prevenção, transmissão, Colômbia

## CARACTERIZACIÓN DE LAS EXPOSICIONES RÁBICAS EN COLOMBIA, 2007-2011

### RESUMEN

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El objetivo de este estudio fue describir las exposiciones rábicas en Colombia y sus perfiles poblacionales, usando como fuente de información secundaria los datos reportados al Sistema de Vigilancia - Sivigila durante el periodo 2007-2011. Los casos de exposición rábica están categorizados en no exposición, exposición leve y exposición grave. Se observó incremento del evento durante 2007 (8.7%) a 2011 (31.5%). En Casanare el 31,4% de los casos fueron clasificados como no exposición, en Arauca 86,7% fueron exposiciones leves y Vaupés reporto el 88,5% de exposiciones graves. El evento fue más frecuente en hombres (56,3%) y en régimen subsidiado (42,2%). La mordedura fue la agresión más reportada (88%). El aumento en el número de casos hace necesaria la evaluación de las actividades realizadas enfocándolas a los grupos con mayor riesgo y vulnerabilidad a las exposiciones rábicas, en aras de mejorar impacto y efectividad.

**Palabras clave:** Mordeduras de animales, vigilancia, rabia, control y prevención, transmisión, Colombia

## INTRODUCTION

In most countries of the world where rabies is endemic, surveillance of rabies infections in humans is carried out using different strategies such as detection of people in close contact with potential transmitters of the disease (1-6). Especially, as rabies is spread through close contact with infectious material, usually saliva, bites or scratches of infected animals (7).

Rabies is considered as one of the most frequently reported events in surveillance systems of infectious diseases (5,8,9). With about 40,000 people exposed to rabies in the United States in 1998, it became one of the most important public health concerns in Northern America (10). In Olinda, Brazil, 7,062 exposures were reported to rabies between 2002 and 2006 showing an annual increase of events alerting health authorities as the disease became endemic most likely due to insufficient treatment (11). Guatemala reported 13,262 bites by animals exposed to rabies with 8% of the cases leading to death (12). Close to 7000 rabies consultations were made in the first half of 2005 in Santiago de Chile by victims of animal bites (13). Generally, those reports are a underestimation of the actual numbers as many victims of animal bites do not seek health-care services and treat their injuries according to their best knowledge at home.

Whereas some countries in the Americas such as the above mentioned ones have well-established surveillance system providing information on rabies events, little has been published about the characteristics of rabies exposure in Colombia. In order to provide relevant scientific information for political decision-makers in health-care, it is important to study the burden of rabies exposures and its most important underlying risk factors to protect the local population and to implement preventive measures.

The aim of this study was to describe the characteristics of the cases exposed to rabies in the Colombian population during 2007-2011.

## MATERIALS AND METHODS

### Material

This descriptive study used secondary data available on cases exposed to rabies notified to the national surveillance system (SIVIGILA) during 2007-2011. All in all, 217.478 cases were reported during the study period. As the structure of SIVIGILA has been changed during the study period, the data used in this study was manually revised to unify the information of the old and new data collecting system. Thus, the available information was combined into a single database. Cases with missing information on one or more variables used in this analysis

were excluded. In addition, people with reported age of more than 44 years above the average life-expectancy of the Colombian population were excluded.

### Methods

An event of rabies exposure collected by SIVIGILA is defined as a contact between a potentially infected animal and a human being (7). The cases of rabies exposure are categorized in the surveillance system according to no-risk exposure, low-risk exposure and high-risk exposure. In addition to the geographical site of the potential rabies contact, SIVIGILA collects information on characterization of the exposure, applied treatment and monitoring of potential rabies victims.

### Data analysis

The data was analyzed using Excel software PASW statistics 18®, 7 and Epi Info XLSTAT. Continuous variables are presented using measures of central tendency (mean, standard deviation) whereas frequencies are used for categorical variables. The overall prevalence of rabies exposure cases per 1,000 populations was calculated for the total number of cases and for no-risk, low-risk and high-risk exposure notified events. In the geographical maps of reported rabies cases relative frequencies and percentiles are presented.

### Ethical considerations

As this study did not contain information identifying the individuals of the reported cases and used only secondary data, no permission of an ethical committee was needed according to the Colombian regulation.

## **RESULTS**

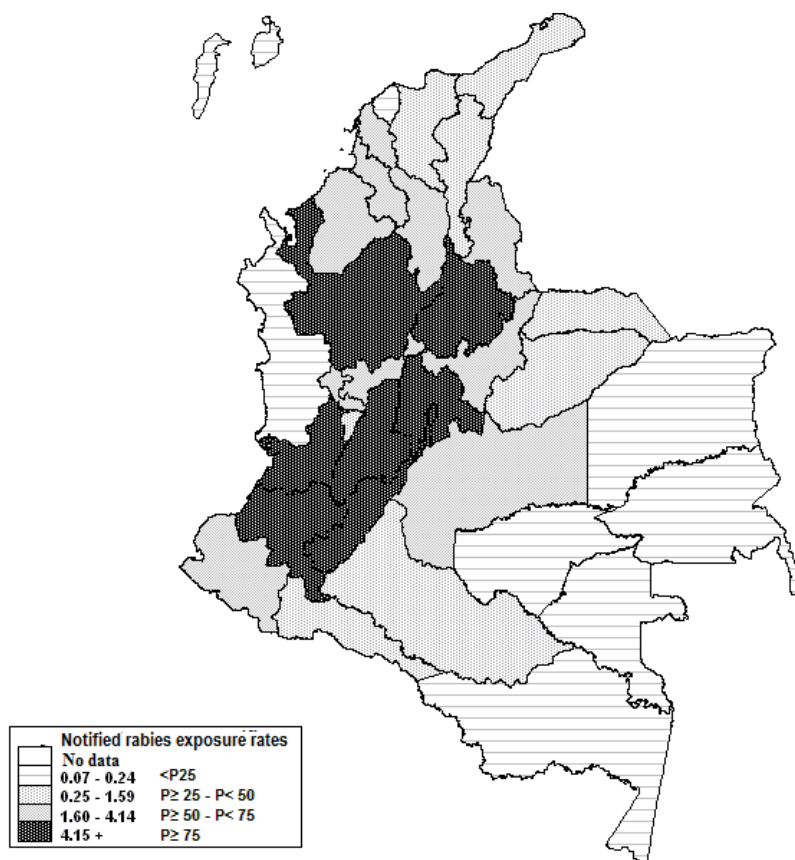
The mean age of people exposed to rabies was 26 years (SD = 24.2 years). The prevalence of no-risk exposure (54.8%; 95% CI 54.3-55.2%), low-risk exposures (56.6; 95% CI % 56.3-56.8) and high-risk exposure (57.6; 95% CI 56.9-58.2%) was higher in men compared to women. The average age of the notified cases in the high-risk exposure group (25.4 years, 95% CI 25.2-25.8) was statistically significantly lower than the one observed in the low-risk exposure (26.5 years; 95% CI 26.3-26.6) and no-risk exposure groups (26.7 years; 95% CI 26.5-26.9).

During the five years of this analysis, 217 618 cases of exposure to rabies were reported (Table 1). There was an increase in notified events of rabies exposure from 8.7% in 2007 to 31.5% in 2011. The majority of rabies exposure cases were male (56%; 95% CI 55.9-56.7%) and three out of four cases were registered in the major cities of the provinces (75.5%; 95% CI 75.3-75.6%). However, there was no difference in the rate of notified rabies exposure events between the urban (4.8/1,000) and rural (4.8/1,000) areas. The percentage of notified cases involving people belonging to the state-subsidized health-insurance scheme was (42.2%; 95% CI 41.9-42.5%), whereas the frequency of cases of individuals who pay a monthly fee for their health-care coverage (contributive system) was 41.3% (95% CI 41.0-41.6). This prevalence was rather stable during the period of data analysis with the exception of the year 2008 when the frequency of reported cases was higher in the contributive health-care regime.

**Table 1.** Sociodemographic characteristics of rabies exposure events in Colombia during 2007-2011.

Variable	2007		2008		2009		2010		2011		Total		
	n	%	n	%	n	%	n	%	n	%	n	%	
Reporting year	19,012		41,215		41,044		47,737		68,610		217,618		
Sex	Male	10798	56.8	23288	56.5	23393	57.0	26761	56.1	38308	55.9	122548	56.3
Area of residence	Urban	13038	68.6	32315	78.4	31547	76.9	36093	75.6	51250	74.8	164243	75.5
	Semi-urban	3670	19.3	3718	9.0	3507	8.5	3859	8.1	5796	8.5	20550	9.4
Health insurance	Rural	2304	12.1	5182	12.6	5990	14.6	7767	16.3	11512	16.8	32755	15.1
	Contributory	7171	37.7	16979	41.2	16646	40.6	19833	41.6	29204	42.6	89833	41.3
Ethnicity	Subsidized	7325	38.5	15933	38.7	16956	41.3	20719	43.4	30861	45.1	91794	42.2
	Indigenous	429	2.3	769	1.9	1070	2.6	896	1.9	1211	1.8	4375	two
Population group	Afro-Colombian	2403	12.6	3290	8.0	2967	7.2	2385	five	2807	4.1	13852	6.4
	Other	16048	84.4	36419	88.4	36392	88.7	43877	92.0	64171	93.7	196907	90.5
Case Type	Other population groups	18851	99.2	40982	99.4	40813	99.4	47502	99.6	68210	99.7	216358	99.5
	Displaced people	92	0.5	149	0.4	170	0.4	140	0.3	170	0.2	721	0.3
Hospitalization	Confirmed by clinical diagnostics	15201	80.0	30756	74.6	41044	100	47699	99.9	68474	99.8	203174	93.4
	No hospitalization	18547	97.6	40264	97.7	40102	97.7	46500	97.4	66979	97.7	212392	97.6

Figure 1 shows the number of cases identified per 1000 population in each of the provinces of Colombia according to percentile. The largest percentage of notifications received by SIVIGILA was from the district of Bogotá (17%) followed by the provinces of Valle del Cauca (14%), Cundinamarca (7.5%), Antioquia (6.2%), Santander (5.7%) and Huila (4.8%). The average reporting rate of rabies exposure for entire Colombia was 4.8 per 1,000 inhabitants. The provinces with the highest reported events of rabies exposure per 1000 people were Vaupés (12.3), Arauca (11.4) and Huila (9.8). The highest rate of no-risk exposure was recorded in the provinces of Casanare (31.4), Sucre (26.3) and Tolima (25.9). Whereas the highest rate of low-risk exposure was 86.7/1000 in Arauca, the province of Vaupés in the Amazon region reported the highest rate of high-risk exposure cases (88.5/1000).



**Figure 1.** Rates of high-risk rabies exposure according to province in Colombia during 2007-2011.

Table 2 presents the characteristics of the rabies exposure cases reported to SIVIGILA. About 98% of cases did not require hospitalization and the victims were attended in outpatient clinics. Less than 1% of the cases in rabies exposure victims resulted in death (n=8) during the study period. Animal bites were the most common type of rabies exposure contact accounting for 88% of all reported cases. In addition, half of the bite injury occurred in the lower legs (51.5%), whereas wounds in upper extremities were registered in one out of five cases (20.2%). The most prevalent animal responsible for the rabies exposure incident was the dog (84.8%). Most of the animals showed no signs of rabies infection at the time of exposure and were left alive after an observation period. Most of the cases (71%) recorded were classified as low-risk. The corresponding prevalence of no-risk and high-risk exposure were 19.5% and 9.5%, respectively.

**Table 2.** Characteristics of rabies exposure wounds in Colombia during 2007-2011.

Variable	2007		2008		2009		2010		2011		Total		
	n	%	n	%	n	%	n	%	n	%	n	%	
Type of lesion	Bite	16830	89.4	35362	86.8	36117	88.8	42230	88.7	61074	89.3	191613	88.6
	Scratch	1742	9.3	4825	11.8	3986	9.8	4645	9.8	6702	9.8	21900	10.1
	Lick	73	0.4	113	0.3	99	0.2	141	0.3	155	0.2	581	0.3
	Saliva contact with open skin or mucosa	97	0.5	241	0.6	281	0.7	369	0.8	229	0.3	1217	0.6
Injury type	Unique	12482	66.3	27430	67.4	26962	66.3	31747	66.7	45469	66.5	144090	66.6
Depth of wound	Superficial	15514	82.4	34007	83.7	33332	81.9	38941	81.8	56488	82.6	178282	82.5
	Deep	3317	17.6	6613	16.3	7344	18.1	8668	18.2	11864	17.4	37806	17.5
Anatomic site of injury	Head, face or neck	2666	14.2	5135	12.6	5305	13.0	5977	12.6	8773	12.9	27856	12.9
	Hand, finger	3374	17.9	8881	21.8	8457	20.8	9782	20.5	13236	19.4	43730	20.2
	Trunk	1072	5.7	2385	5.9	2552	6.3	2751	5.8	4067	6.0	12827	5.9
	Superior member	3327	17.7	7305	17.9	7717	19.0	9023	19.0	12622	18.5	39994	18.5
	Lower member	9901	52.6	20571	50.5	20837	51.2	24537	51.5	35401	51.8	111247	51.5
Information on animal contact													
Species aggressor	Dog	17170	90.3	33027	80.1	33695	82.1	40583	85.0	60116	87.6	184591	84.8
	Cat	834	4.4	5318	12.9	4011	9.8	4862	10.2	6674	9.7	21699	10.0
	Pork	585	3.1	202	0.5	97	0.2	101	0.2	116	0.2	1101	0.5
Presence of rabies symptoms	With rabies symptoms	763	4.1	1275	3.2	1225	3.1	972	twenty	650	1.0	4885	2.3
	No rabies symptoms	10630	56.5	24583	60.8	25194	63.2	32105	67.6	51896	76.4	144408	67.3
	Unknown	7437	39.5	14548	36.0	13437	33.7	14424	30.4	15405	22.7	65251	30.4
Exposure Type	Low-risk	0	0.0	0	0.0	0	0.0	10257	21.7	31736	46.9	41993	19.5
	Moderate risk	16613	88.2	36546	89.6	36368	89.4	32351	68.3	30819	45.6	152697	70.9
	High-risk	2217	11.8	4207	10.3	4265	10.5	4738	10.0	5098	7.5	20525	9.5

Most of the rabies exposure victims were advised to wash the wound immediately with soap and water (Table 3). Anti-rabies serum (immunoglobulin) was administered in 8.1% of cases and a 28% of bite victims were vaccinated after the event. Only a small percent of the treated individuals reported adverse reactions to the treatment (5.3%). It was found that 8,504 of the cases classified as high-risk exposure (41.4%) was applied with an anti-rabies serum. The corresponding frequency of anti-rabies serum application in the low-risk group and no-risk group were 1.3% (n=1941) and 0.3% (n=119), respectively. Furthermore, a rabies vaccination was given in 55.4% (n=11.370) of the high-risk exposure cases, 31.1% (n=47.484) of the low-risk events and in 2.5% (n=1.057) of the no-risk exposure cases. The majority of animals possible infected with rabies were alive after the observation period (94.7%). In most of the cases the animal's health was monitored at home (96.5%).

**Table 3.** Characteristics of anti-rabies treatment posterior to exposure in Colombia during 2007-2011.

Variable		2007		2008		2009		2010		2011		Total	
		n	%	n	%	n	%	N	%	%	n	%	n
<b>Pat history of immunization</b>													
Anti-rabies serum	Not applied	17144	91.0	34661	85.0	35028	86.2	41854	88.0	61900	90.7	190587	88.2
Rabies vaccine	Not applied	16425	87.2	33225	82.1	33864	84.5	40603	85.4	60397	88.5	184514	85.7
<b>Current treatment</b>													
Wound care using water and soap	if	17510	93.0	37950	93.9	37459	94.0	45129	94.8	65581	96.0	203629	94.7
Wound suturing	Not applied	17137	91.0	37868	93.1	37229	92.1	43843	92.1	63352	92.7	199429	92.4
Anti-rabies serum	Not applied	18544	99.1	8615	91.6	4230	70.6	24977	88.6	63382	93.1	119748	91.9
Vaccination	Not applied	17460	92.7	36055	89.2	32220	80.8	28799	60.6	40227	58.9	154761	72.0
<b>Case tracking</b>													
Type of adverse reactions to application of anti-rabies serum	None	2	5o'clock	350	92.8	1526	96.6	2018	94.0	2069	94.3	5965	94.7
	Local	2	5o'clock	24	6.4	51	3.2	119	5.5	111	5.1	307	4.9
Adverse reactions to the application of the vaccine or serum	None	1237	95.0	2716	85.4	4954	85.1	9395	94.9	11406	93.5	29708	91.7
	Local	56	4.3	448	14.1	854	14.7	477	4.8	749	6.1	2584	8.0
	Systemic	9	0.7	18	0.6	10	0.2	28	0.3	48	0.4	113	0.3
	Not suspended	1070	82.8	2093	71.3	4135	81.0	6874	67.6	8158	66.6	22330	70.3
Suspension of treatment	Due to medical order	222	17.2	683	23.3	792	15.5	1414	13.9	2023	16.5	5134	16.2
Place of patient monitoring	Home	11543	98.0	19557	97.5	15800	96.6	17704	96.4	21236	94.7	85840	96.5
Condition of the animal after observation	Healthy	11503	98.0	19590	93.9	15959	92.5	17897	94.2	21315	95.9	86264	94.7
	Sick	204	1.7	365	1.7	313	1.8	365	1.9	577	2.6	1824	twenty
	Dead	36	0.3	914	4.4	979	5.7	736	3.9	341	fifteen	3006	3.3

## DISCUSSION

This study found an annual increase in reported cases of rabies exposure with a high number of cases in urban centers as expected due to the higher population density. However, the highest prevalence of high-risk exposure was observed in Vaupes whereas Casanare reported the highest moderate-risk rabies exposure prevalence. The prevalence of rabies exposure notifications did not differ between urban and rural sites or health-insurance regime even though the subsidized scheme had a slightly higher prevalence.

In line with other studies, most notified rabies exposures cases occur in young people, with a higher proportion of notified cases in children (13-15). This may be due to the fact that children are more affected by their smaller body size and may be more exposed to animal bites due to their behavior or reactions in situations involving animal attacks (13). Consistent with a previous study, notified rabies exposure events were most prevalent in men in younger age-groups (9).

In line with previous studies, in Colombia, the most common reason of rabies exposure were dog bites (13,16-19).

Every second application of anti-rabies treatment was handled incorrectly, especially in cases of high-risk or moderate risk exposure. This may be due to lack of training in using the national rabies exposure protocol (7) and clinical management guidelines. In disagreement with the national rabies treatment protocol, in many cases of low-risk exposure an anti-rabies serum was given to the exposed individuals leading to unnecessary additional costs for the surveillance and national health-care system.

Another possibility is that only some of the rabies treatment procedures were registered in the surveillance system, thus, providing a sub estimation of the real treatment applied (7,20,21).

The majority of notified rabies exposure cases were subsequently clinically tested by laboratory tests to rule out a possible infection according to the national rabies protocol. Despite the national guideline implying that the results of the clinical rabies tests have to be received within four week after the exposure, the clinical information sent to the register was often delayed or not received at all resulting in incomplete information of the follow-up rabies exposure cases in the surveillance system (7). Therefore, some cases are classified in the data base as confirmed by laboratory tests, suspected cases or probable rabies infection cases.

Similar to the findings of Beltran et al. (22) reporting that the official rabies treatment protocol provided by WHO is rarely followed, it is of concern that bites injuries caused by



wild animals that are generally classified as high-risk exposure cases, were not immediately treated by vaccination or anti rabies serum as indicated in the Colombian clinical guidelines. This is also reflected in the low percentages of hospitalization following rabies exposure.

In general, little information was available on the follow-up of the patients treated after the rabies exposure. It is important to improve the Colombian surveillance system and to track patients that have received anti rabies serum or vaccination in order to explore the treatment outcome or whether any complications of the treatment were reported. A similar concern has been observed in other studies as well (22,23). In the USA, for instance, there was no evidence of any anti-rabies treatment initiated after exposure during 1980 and 1998 (24). Furthermore, in our study, the multiple correspondence analyses showed misclassification of several cases of rabies exposure. While high-risk exposures were classified in the majority of cases correctly according to the established indicators, several problems were observed in the exposure cases classified as moderate-risk or low-risk exposures where the labeling of cases was not done according to the official indicators of the surveillance guidelines. This misclassification of rabies exposure cases shows the need to thoroughly evaluate all components of the surveillance system to improve the accuracy of its information on each level and to guarantee that the information of the system is entered correctly by the people feeding the register.

Naturally, our study had some limitations. The notifying system for cases of rabies exposure has changed during the reporting period of our study. Thus, the number of cases notified in the earlier years may be underestimated. Moreover, it has been estimated that only 20% of the rabies exposure cases may be notified (24). Furthermore, some cases may be registered more than once in the system as it was not possible to exclude those cases from the data analysis. Due to ethical reasons, all the information on personal identity of the patients was removed before the study group was given the permission to analysis the data. However, this may only affect a very small percentage of the cases and, thus, only has a minor impact on the results of this study.

In conclusion, there is a need to implement educational intervention to reduce exposure to rabies especially in the provinces with a high prevalence of high-risk rabies exposure events. Ideally, these interventions may be led by local and national health-authorities. Successful interventions may reduce the costs of the management of people exposed to rabies. In addition, we recommend to study in more details why certain ethnic groups show a higher exposure to rabies than other population groups. Moreover, in-depth analysis should be carried out on all levels to assess the flaws of the surveillance system in regard lack of monitoring of patients treated after rabies exposure and how to reduce the misclassification of rabies cases in order to strengthen the rabies surveillance system in Colombia.

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